



1 OUT OF 3 ALBERTANS OVER 65



1 OUT OF 2 ALBERTANS OVER 80

WILL FALL AT LEAST **ONCE** A YEAR¹

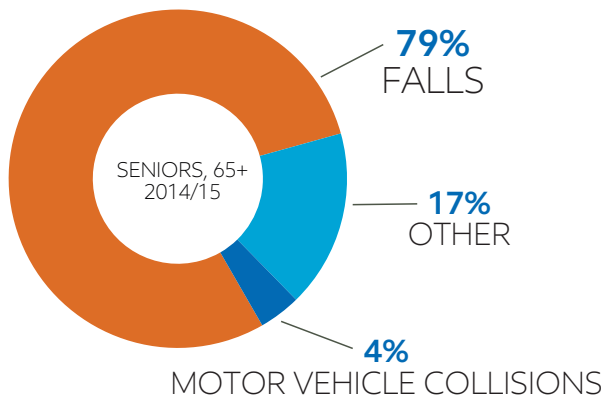
95% OF ALL HIP FRACTURES & 40% OF ALL NURSING HOME ADMISSIONS ARE A DIRECT RESULT OF **FALLING**

79 Emergency Department Visits Each Day

27 Fall-related Hospital Admissions Each Day



THE AVERAGE LENGTH OF STAY IN HOSPITAL DUE TO A FALL IS **3 WEEKS**



FALLS ARE THE **LEADING** CAUSE OF INJURIES AMONGST SENIORS

! There were over 10,000 fall-related hospital admissions in 2014.

FALLS **COST** ALBERTANS OVER **\$288 MILLION** EVERY YEAR IN HOSPITAL ADMISSIONS AND EMERGENCY DEPARTMENT VISITS



AVERAGE COST OF FALLS²:

Hospital Admissions:
 AGED 65+: **\$24,000**
 AGED <65: \$14,000
 Emergency Department Visits:
 AGED 65+: **\$664**
 AGED <65: \$312



¹ Public Health Agency of Canada. Seniors' Falls in Canada: Second Report. Ottawa: Public Health Agency of Canada; 2014
² 2014/2015 Alberta Health, Analytics and Performance Reporting Branch. Data received June 2016.

Find out what actions you can take to prevent falls and stay independent.
findingbalancealberta.ca

This study is based in part on data provided by Alberta Health. The interpretation and conclusions contained herein are those of the researchers and do not necessarily represent the views of the Government of Alberta. Neither the Government of Alberta nor Alberta Health expresses any opinion in relation to this study.