



1 OUT OF **3** ALBERTANS OVER 65



1 OUT OF **2** ALBERTANS OVER 80

WILL FALL AT LEAST **ONCE** A YEAR¹

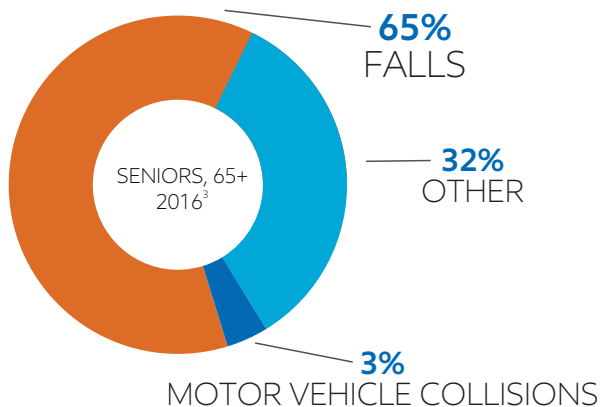
95% OF ALL HIP FRACTURES & 40% OF ALL NURSING HOME ADMISSIONS ARE A DIRECT RESULT OF FALLING¹

86 Emergency Department Visits Each Day³

24 Fall-related Hospital Admissions Each Day³



THE **AVERAGE** LENGTH OF STAY **IN HOSPITAL** DUE TO A FALL IS **3 WEEKS²**



FALLS ARE THE **LEADING** CAUSE OF INJURIES AMONGST SENIORS³



There were about 9,000 fall-related hospital admissions in 2016.

FALLS **COST** ALBERTANS **OVER \$280 MILLION** EVERY YEAR IN HOSPITAL ADMISSIONS AND EMERGENCY DEPARTMENT VISITS²



AVERAGE COST OF FALLS²:

Hospital Admissions:
 AGED 65+: **\$23,600**
 AGED <65: \$12,800
 Emergency Department Visits:
 AGED 65+: **\$676**
 AGED <65: \$323



¹ Public Health Agency of Canada. Seniors' Falls in Canada: Second Report. Ottawa: Public Health Agency of Canada; 2014
² 2016/2017 Alberta Health, Analytics and Performance Reporting Branch. Data received August 2018. Costs are based on RIW.
³ Injury Prevention Centre, Edmonton [Database]. Accessed November 2017. Unpublished data available upon request.

Find out what actions you can take to prevent falls and stay independent.
findingbalancealberta.ca