



NOT Falling For You

Preventing Falls
with Balance & Buddies

Volunteer to be a Peer Leader!

Over 50? Lead a falls prevention class in your community

Next Hybrid Peer Leader Training:

DAY 1: Wednesday, February 11, 2026 @ 9 AM – 1 PM
Location: ONLINE via Zoom

DAY 2: Thursday, February 12, 2026 @ 9 AM – 4 PM

Address: Belvedere Community Hall
13223 62 St NW, Edmonton, AB T5A 0V5

Cost: Free!

To Register, Email: Injury.PreventionEdmonton@ahs.ca
Phone: 587-596-0845

Scan for more information:



Or contact to join:
Ph: 587-596-0845
Injury.PreventionEdmonton@ahs.ca