FALL FACTS

20-30% of seniors in Alberta will fall at least once a year.

95% of all hip fractures & 40% of all nursing home admissions are a direct result of falling.

92 Emergency Department Visits Each Day

25 Fall-related Hospital Admissions Each Day

THE AVERAGE LENGTH OF STAY IN HOSPITAL DUE TO A FALL IS 3 WEEKS

63% Falls

SENIOENS, 65+ 2017

35% Other

3% Motor Vehicle Collisions

FALLS ARE THE LEADING CAUSE OF INJURIES AMONGST SENIORS

There were about 9,000 fall-related hospital admissions in 2017.

Falls cost Albertans over $290 million every year in hospital admissions and emergency department visits.

AVERAGE COST OF FALLS:

Hospital Admissions:
AGED 65+: $23,200
AGED <65: $12,100

Emergency Department Visits:
AGED 65+: $693
AGED <65: $341

Find out what actions you can take to prevent falls and stay independent.
findingbalancealberta.ca