Stay Independent.
Prevent Falls.

» **Visit an eye doctor for an eye exam every year.**

» Older adults are 2.5 times more likely to fall.

» A comprehensive eye exam will test your vision and look for issues like glaucoma and cataracts.

» Alberta Health Care covers the cost of eye exams for adults 65 and older.

Finding Balance

HAVE YOUR VISION CHECKED

INJURY PREVENTION CENTRE
KNOWLEDGE. LEADERSHIP. ACTION.

Finding Balance

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