

## DECLARATION

WHEREAS: Falls are the leading cause of injury-related deaths and hospitalizations in Canada, costing the health care system billions of dollars and resulting in a significant number of emergency department visits, hospitalizations, disabilities and deaths;

AND WHEREAS: Older adults are at risk of fatal fall-related injuries, as well as nonfatal fall related injuries that frequently result in disability, chronic pain, loss of independence and a reduced quality of life;

**AND WHEREAS:** Everyone has a role to play in creating change to prevent falls and related injuries, and no one should experience a lifealtering or life-ending injury from an accidental fall that could have been prevented;

**AND WHEREAS:** Alberta focuses on protecting and promoting the health of all Albertans, which includes injury prevention efforts and public education to reduce the incidence of accidental falls;

**AND WHEREAS:** The Government of Alberta supports and commends the valuable work of the Injury Prevention Centre and recognizes the ongoing public education efforts through the Finding Balance public awareness campaign to help reduce and prevent accidental falls.

THEREFORE: THE HONOURABLE ADRIANA LAGRANGE IS PROUD TO DECLARE NOVEMBER 2025 AS FALLS PREVENTION MONTH IN ALBERTA.

he Honourable Adriana LaGrange

Minister of Health