

# 2023 Alberta Provincial Declaration Falls Prevention Month

*In response to the request from the Injury Prevention Centre and Finding Balance, the Honourable Danielle Smith, Premier of Alberta has declared November 2023 Falls Prevention Month.*

Thank you for your email to the Honourable Danielle Smith, Premier of Alberta, requesting that November 2023 be declared Falls Prevention Month. As Minister of Health, I appreciate the opportunity to respond on behalf of the Government of Alberta.

Protecting and promoting the health of Albertans through the prevention of falls continues to be an important priority for the Government of Alberta. The Alberta Injury Prevention Centre is to be commended for its important work in empowering all Albertans, especially seniors, to prevent falls.

I am pleased to declare November 2023 as Falls Prevention Month in Alberta.

Sincerely,

Adriana LaGrange  
Minister of Health





# DECLARATION

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**WHEREAS:** The Province of Alberta focuses on protecting and promoting the health of all Albertans, including injury prevention efforts and public education to reduce the incidence of accidental falls;

**AND WHEREAS:** Older adults are at risk of fatal fall-related injuries, as well as non-fatal fall related injuries that frequently result in disability, chronic pain, loss of independence and a reduced quality of life;

**AND WHEREAS:** Falls are the leading cause of injury related deaths and hospitalizations in Canada, costing the health care system billions and resulting in a significant number of emergency department visits, hospitalizations, disabilities and deaths;

**AND WHEREAS:** Everyone has a role to play in creating change to prevent falls and related injuries, and no one should experience a life altering or life ending injury from an accidental fall that could have been prevented;

**AND WHEREAS:** Alberta's government supports and commends the valuable work of the Injury Prevention Centre, and recognizes the ongoing public education efforts through the Finding Balance public awareness campaign to help reduce and prevent accidental falls;

**THEREFORE: THE HONOURABLE ADRIANA LAGRANGE IS PROUD TO DECLARE NOVEMBER 2023 AS FALLS PREVENTION MONTH IN ALBERTA.**



The Honourable Adriana LaGrange  
Minister of Health