

# PROCLAMATION

## SENIORS' FALLS PREVENTION MONTH

**WHEREAS** seniors are a vital part of our families, communities, and province giving generously of their wisdom, experience, and love; and

**WHEREAS** one in three seniors will fall each year, with 50% of seniors falling repeatedly; and

**WHEREAS** seniors have 9 times more fall injuries than other populations; and

**WHEREAS** falls among our seniors will result in over 10,000 hospital admissions and over 29,000 emergency department visits each year; and

**WHEREAS** falling, and the fear of falling, can lead to depression and hopelessness, loss of mobility, and loss of independence; and

**WHEREAS** individuals and organizations from a multitude of disciplines across Alberta are working together to increase awareness of this issue and encourage Albertans to take steps to prevent seniors' falls; and

**WHEREAS** the quality of life is improved for Alberta seniors who remain healthy, active, and independent;

**NOW THEREFORE, I** (*name*) do hereby proclaim the month of November 2023 to be ***Seniors' Falls Prevention Month*** in (*location*).