



NOT *Falling For You*

**Preventing Falls
with Balance & Buddies**

Volunteer to be a Peer Leader!

Over 50? Lead a falls prevention class in your community

Next Hybrid Peer Leader Training:

DAY 1: Monday, May 25th, 2026 @ 9 AM – 1 PM

Location: ONLINE via Zoom

DAY 2: Tuesday, May 26th, 2026 @ 9 AM – 4 PM

Address: High Park Community Hall
11032 154 Street, Edmonton, AB T5P 2K1

Cost: Free!

To Register, Email: Injury.PreventionEdmonton@ahs.ca

Phone: 587-596-0845

Scan for more information:



Or contact to join:
Ph: 587-596-0845
Injury.PreventionEdmonton@ahs.ca